

Contour and define

Phytomer's new system exfoliates, contours and reshapes the body, while Tracie Giles has a brow-defining treatment that lasts up to 18 months

PHYTOMER ESSENTIAL SCULPTING CARE

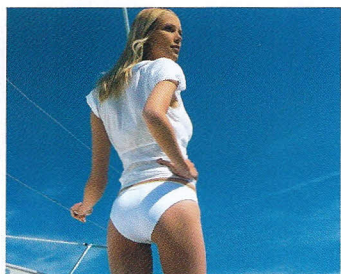
With the unveiling of three products and an Essential Sculpting Care treatment, Phytomer is launching a completely new system to exfoliate, contour and reshape the body.

The four-step treatment combines the power of seaweed to contour the skin with marine spring water infused with magnesium and calcium to fight cellulite.

The first step is to prepare the treatment room, including mixing the products that will be used.

The next step is the immersion phase. Sea mist relaxes the customer while the therapist massages a relaxing serum into the skin, focusing on drainage points such as the solar plexus and arch of the foot. Exfoliation with a loofah glove completes this step.

The active phase follows, in which Thermo-Reducing Clay, designed to contour the skin, is applied. After



Helps to firm skin and reduce cellulite

20 minutes a concentrate to contour and reshape is massaged into the body. The application of a buttocks and thigh sculptor ends this phase.

The treatment finishes with a relaxation phase involving massage and stretching.

After just one treatment the skin is firmer and cellulite is less visible. Customers can expect to shed a dress size in just five applications.

The 75-minute treatment has an RRP of £26.50. Call Phytomer on 0808 100 2204

TRACIE GILES BROW DEFINER AND 3D BROW

With eyebrows becoming more of a fashion statement on the catwalk each season, it is no surprise that the beauty industry is catering more and more to clients who are in need of some help with this facial focal point.

Many women spend hours plucking and shaping this area, but Tracie Giles's treatment could mean this becomes an 18-monthly routine for clients.

Using the latest digital technology from Germany, eyebrows are strengthened and defined through semi-permanent make-up using mineral-based pigments.

The 3D Hair technique precisely replicates natural hair at microscopic level, leaving flattering, natural-looking eyebrows.

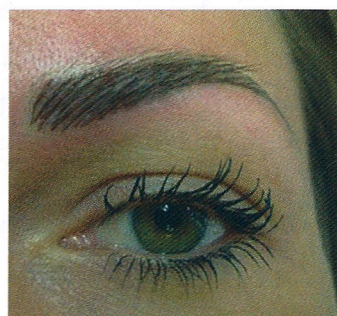
The area can be augmented, extended and improved using fine mists of colour and microscopic

simulated hair strokes discreetly in the natural brow.

Giles's in-depth knowledge of colour and tone means she has created a treatment that leaves clients with a natural-looking brow that remains for nine to 18 months.

It is perfect for customers who long for a more defined brow or want a change from using pencils and temporary dyes.

The treatment price starts at £495. Call Tracie Giles on 0845 838 0299



Technology replicates natural hair

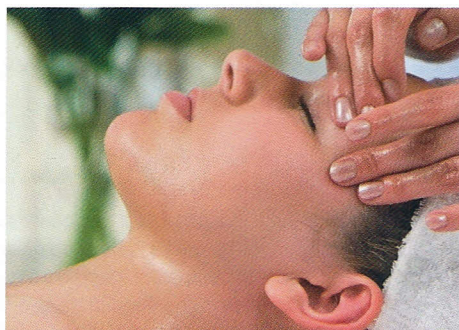
This month we tried... Super Active Facial by Espa

PRIOR TO HAVING Espa's Super Active facial, I'll admit I wasn't looking so good. A Christmas of excess had left me with skin that wouldn't look out of place on the set of *Shameless*.

The therapist told me she could get my skin back to its brighter pre-December self, at which I inwardly scoffed. However, an hour later she looked triumphant, as I left looking like I'd spent the festive season sipping Evian and sleeping.

This is a results-driven treatment that uses anti-ageing products with high levels of active ingredients to improve the condition of the skin. They contain bio-active, phytoactive, bio-enzymatic and cellular active ingredients, and come in different ranges to target clients' needs.

My therapist used the Repair and Restore range to replenish and strengthen my skin, which was dry and sensitive. Massaging a gentle cleanser and then treatment oil into my face, I was so relaxed that by the time she applied the mineral mask I was half-asleep.



Instant results are offered by a Super Active facial

Clients can enjoy a de-stressing head massage with luxurious oils at this point, but I opted for the hand and arm option. This was equally tension-relieving and nourished my chill-ridden paws.

Being a fan of results-driven treatments, I'm used to an element of discomfort. But this was pure luxury. The scents of lavender, patchouli and

jasmine lulled me away from my worries. As my therapist applied the Repair and Restore Complex to improve cell regeneration and protect against moisture loss, I was ready to face the world again.

The instant effects of the facial are balance and improved tone. My combination skin was smoother, and the resulting redness of a chilly winter was noticeably reduced. A week on, I was still enjoying the benefits.

The Super Active Facial is, in my opinion, super by name and by nature.

Call Espa on 0845 6800 772

Tried by Sara McCorquodale

WHAT WE LOVED

- ▶▶ The treatment is tailored to clients' needs
- ▶▶ It is results-driven, yet de-stressing. It is pain-free and allows the client to relax while their skin is instantly improved