

TRACIE GILES

— PERMANENT MAKEUP AESTHETICS —

KNIGHTSBRIDGE · LONDON

PERMANENT MAKEUP LASER REMOVAL AFTERCARE ADVICE

Proper aftercare is extremely important in order to achieve the best results and to help avoid post-treatment complications (including the risk of infection and scarring).

THE HEALING PROCESS:

A thin protective scab will form on the area and will darken a few days after the treatment. Some skin redness will develop near the scab's edge and it will begin to loosen. 3-4 days after the area begins to itch, the scab will naturally lift off.

Once the scab lifts off, the area may be red, raised, dipped or have pink halo effect around it. We strongly advise that you purchase Crème Rescue Serum and apply 4 x per day for the first 3 days then 2 x per day for the remaining healing period. Failure to do this may result in collagen regeneration on the treated area. Over 1-12 months the skin will slowly return to normal and any redness should diminish.

Crème Rescue Serum should be applied during the immediate healing period as instructed, then continue to be used throughout the entire course of laser removal treatments. Once all treatments are complete Crème Rescue should continue to be used for ongoing skin maintenance and anti-ageing.

If you have any questions or concerns please contact Tracie Giles London:



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IMMEDIATE CARE:

- Please ensure that the if a dressing is provided it stays on for a maximum of 3 hours (as the wound can become damp and sweaty if left on for longer which can in turn damage the skin). If you are going outside or if the wound is sore or blistered, you will need to apply a fresh dressing to protect the wound. It is important that the open wound does not come into contact with clothing. However, if you are staying at home it is best to allow the wound to heal naturally in the fresh air.
- Avoid prolonged rubbing or scratching from clothing or other surfaces.
- If the scabbed area does become wet gently press it dry with a clean tissue.
- If it starts to itch, do not scratch it. Gently slapping the area is acceptable to provide relief.
- Avoid intense workouts or excess sweating for at least 3 days post treatment (as it can dampen the scab and lead to infection).
- If the area becomes raised, swollen or inflamed (with a bubbly appearance), it is vital that it does not come into contact with water. However, this is a normal reaction and no need for concern.

PLEASE NOTE:

If the scab becomes wet, continues to weep excessively, or is subject to cracking due to movement or external forces, it is imperative that you contact your technician as soon as possible who will advise you what to do.

If an infection persists then you will need to consult your doctor to obtain oral antibiotics. Do not allow medical staff to forcibly remove the scab as this will cause excessive trauma to the skin and will result in scarring. You will need to inform us if a reaction occurs.

PRECAUTION:

The treated area can be more sensitive to sun exposure for some months after treatment.

We recommend using Heliocare SPF 50-70 and avoid prolonged exposure. Once fully healed, the area should still tan as normal.