

TRACIE GILES

# PERMANENT MAKEUP AFTERCARE

## 01 CLEAN

3-4 hours after treatment wash the area very gently with tepid water and a gentle soap. Blot dry with a clean cotton pad.

Then 2 x per day after cleansing morning & night.

For lip treatments follow this same protocol but use a thin layer of A&D ointment on the treatment area and Crème Rescue on the entire face and neck.

## 02 CLEANSE & SOOTHE

For 7 - 10 days after treatment use PTSC Spray morning & evening to clean the area. Spray onto a clean cotton pad and gently wipe the area with a smooth, light motion in one direction.

Continue this routine every day for ongoing skin maintenance and powerful anti-ageing.

## 03 MOISTURISE

Once dry, apply a thin layer of Crème Rescue Serum to the treatment area and the entire face and neck.

Apply up to 4 x per day for 3 days after treatment.

## 04 HEAL

- Try to avoid getting the area wet for 7-10 days, other than the cleansing protocol.
- Avoid excessive exercise or spas for 7-10 days.
- Stay out of direct sunlight for 7-10 days.
- No facials or aesthetics for 14 days.
- If going on holiday, use a waterproof SPF 50+ sunscreen.

Please note that your Artist may tailor this advice to your specific skin type, healing pattern and treatment. Please follow the advice given by your Artist if different to the above. Aftercare advice also differs for Scalp & Areola Micropigmentation - please ask your Artist for instructions.